

A New Look For Glo

Issue 4 February 2008

You've probably already been in and seen our new look here at Glo Health...

Over the Christmas break we expanded our grocery section at the front of the store to include an even more extensive range of quality organic and biodynamic grocery lines and fresh produce. The addition of a new display fridge means we can stock a larger variety of fresh produce that will stay fresher, longer! It's not just a better display look for Glo – it means you'll be able to find what you want much easier than before. We have extended our dairy and chilled section – and look out for our expanded range of beautiful organic dips, chutneys and sauces, made here in our kitchen.

We have a new display freezer stocked full of organic ice cream, soya ice cream and organic oat milk ice desserts from Queensland, sorbet, meats and soups and take away meals also made here in our kitchen.

We have extra shelving for our grocery lines and more floor space around the shelves for you to be able to browse in comfort - and still have plenty of room for the pram! Now you can take a bit more time with your weekly shop and enjoy exploring our shelves for all the exciting new products we are bringing in.

Our café area is more compact so we can serve our breakfast and lunch crowds more efficiently as we make the tastiest juices, smoothies and fair trade coffees - and we still have the best organic salads, wraps and snacks in Melbourne!

If you haven't yet been in to see our great new look, come in for a browse and breakfast or lunch this week. For our VIP database members we have a special offer where you can bring a friend for breakfast with you and they eat for free! Check out our offer at the bottom of this email.

Beat the Crowds @ Lunchtime

In honour of the office "lackey"s we have coming in to buy lunch for themselves and their colleagues every day we have a new scheme to make everyone's lives and lunchtimes that little bit easier. Sign up to Beat the Crowds @ Lunchtime and we'll email you our menu each weekday morning so your entire office can pre-order their lunch! Then all the lackey has to do is come in between 12.30 – 2.30 and pick it up, packaged and ready to go. And because we know what it's like at the end of a busy week, every time your office spends \$100.00 or more on lunch you go in the draw to win a Friday afternoon office shout – on us! Fill out a form next time you are in and we'll start sending you the menu the very next working day.



**crowds flock daily to
glenhuntrly rd for lunch at glo**

New Website

For those of you who have not yet seen our updated website please follow the link and have a look! We have whole areas of our site dedicated to our Organic Grocery, Vegetarian Café and our Natural Therapy Clinic. We are constantly expanding and improving our website and welcome your feedback - drop us an email or let us know what you think next time you're in store!

<http://www.glohealth.com.au/>



Like Grocery and Café our Natural Therapy Clinic has had a facelift and will reopen fully this February. The new improvements include sound proofing so our clients can enjoy a quieter, more peaceful massage or treatment and we have put in a receptionist to assist us with a smoother process of bookings. We are strengthening our Clinic by employing first class practitioners who will themselves work in an environment where they will cross-refer to each other when they think this would benefit our clients.

It is our aim now to broaden the range of treatments we offer* and our first step towards that has been securing a chiropractor. When you are next in please come upstairs and see us we'd love to show you around.

*If you are a practitioner we still have a couple of room vacancies – please phone Vicki 0407 557 897

BREAKTHROUGH TO SUCCESS IS BACK!

AND AGAIN WE ARE PLEASED TO BE ABLE TO OFFER FREE TICKETS TO THE THREE DAY WEEKEND-LONG SEMINAR, BEGINNING FRIDAY 22ND FEBRUARY. THESE TICKETS ARE NORMALLY \$895.00 EACH. IF YOU HAVEN'T ALREADY HEARD OF BREAKTHROUGH TO SUCCESS PLEASE OPEN THE ATTACHMENT TITLED CHRISTOPHER HOWARD AND READ ALL ABOUT HOW THIS AMAZING WEEKEND CAN CHANGE YOUR LIFE! THEN FOLLOW OUR LINK BELOW TO REGISTER FOR THIS INCREDIBLE WEEK-END.

<http://champions.universalevents.com.au/bts.asp?wc=aue&fid=link&cli=CLI2002478>

We are starting our series of special offers for our VIP CUSTOMERS on our database. Please open the attachment and print off your voucher to bring in store for your exclusive offer.



Valid Until 29/02/08

Bring a friend in with you for breakfast & they eat for free!
Mon-Sun until 2.30pm

VALENTINE'S DAY AT GLO

Romance goes Organic this February 14 at Glo

And we have very special Valentine's Hampers.

We have prepared the Perfect Picnic for two. You and your partner can enjoy Organic wine from Raw Wine and Beer accompanied with tasty organic nibbles. The Perfect Picnic Hamper comes complete with BambooWare plates and cups made from 100% biodegradable, reusable (and dishwasher friendly!) bamboo.

We also have Gourmet Delight Hampers with a beautiful bottle of Organic Shiraz or Chardonnay, fair trade coffee and delicious Dagoba Organic dark chocolate.

Spoil your someone with our Relax and Rejuvenate Hamper: Massage oil, Body milk lotion, Organic Selections bath salts & a Lampe candle.

From our kitchen we have the most beautiful Organic Valentine shortbreads and biscuits, available to enjoy in our café with a cuppa or in specially wrapped gift packs.

And don't forget our Glo Massage vouchers also make a great gift!